



Kids Indoor Cycling Clinic

- FUN indoor riding & racing
- Improve fitness
- Latest CompuTrainer technology
- Stretching
- Bike safety check
- Bikes available on request

Kids, are you interested in riding and racing your bike these school holidays?

Parents, are you interested in your children exercising in a fun, friendly and safe environment using the latest CompuTrainer technology?

THEN OUR KIDS INDOOR CYCLING CLINIC IS FOR YOU....

April 11th, 12th
9.30am—12 noon

Have FUN, race and learn with other children under the guidance of our head coach ex-professional cyclist Cameron Hughes.

This 2 day clinic is \$99.

Numbers are limited so call 3162 3229 to secure your place!

This Clinic has been designed for children aged 10 - 16 years.

Activ Cycle Coaching also has indoor and outdoor coached training sessions for all levels and an in house mechanic for all your bike servicing needs.

Activ Cycle Coaching
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